

Interview with Dr. Chongfei Jin



By Bruce Cheng,
April 2024

ANACP Youth Columnists

Dr. Jin was born in a small village in China and attended Zhejiang University School of Medicine. Dr. Jin was first an eye doctor in China, where he would help patients with eye injuries and cataracts. When he traveled to the United States, he became an internal medicine doctor.



Dr. Jin stated that the specialty switch was because of diabetic patients. Back in China, when he was an eye doctor, he had many diabetic patients with complications that would cause their vision to become so poor even after surgery.



He later wondered how this problem could be solved, and he eventually became an internal medicine doctor. “Maybe prevention is the key to solving this problem. For diabetes, if you help them control their sugar very well, their complications will be very low, and the root problem will be fixed.”

I wanted to know what brings Dr. Jin the most joy in his job,

and he said that he feels very satisfied whenever he sees his patients getting better and becoming healthier.

I was curious why Dr. Jin wanted to become a doctor, and he explained to me a couple of short stories stating why.



When Dr. Jin was young, the people in his village could only go to one doctor to receive help. Dr. Jin stated that this doctor had a wide variety of skills, and was able to help everyone with their problems. This doctor had earned lots of respect from the villagers, and this inspired Dr. Jin to become a doctor.

The second story he told me was that during his time in medical school, he would occasionally go sightseeing near a lake called Huajiachi near his school. One day, while he was sightseeing, he saw that a young girl riding a tricycle had suddenly lost control of the bike and fell into the lake.

Dr. Jin stated that without thinking, he rushed into the lake to save the girl’s life. Dr. Jin told me that these actions had made him realize that saving people’s lives was his true calling.

After wondering what Dr. Jin wanted to achieve in the future, I asked him about his goals.

Dr. Jin stated that for the past few years, he had started his own practice about an idea he calls “prevention first”, that he wants more people to know about.

Interview with Dr. Chongfei Jin



By Bruce Cheng,
April 2024
ANACP Youth Columnists

He told me that sometimes he had patients who would come in for annual check-ups, and he would see potential problems that could arise within the patient's body.

He would use his "prevention first" practice, and tell the patient tips on how to make their lifestyle healthier, and ways that the patient could avoid potential problems.

This practice effectively helps his patients, as it benefits them long term by stopping potential problems that could become an even bigger issue.

I asked Dr. Jin how he managed to overcome difficult times during his medical school training. Dr. Jin told me that when he underwent medical school in the United States, his English was not the best, and so he found the new English terminology to be difficult to learn.

He stated that instead of thinking and stressing about it, he just went ahead and learned it. "You go ahead and do it. There will be many distractions. But you just do it, and don't think too much."



After asking Dr. Jin what he enjoys doing in his free time, he told me that he spent a lot of time creating his own website called JinCare, where people can schedule appointments to see him in his own clinic.



Dr. Jin also has a Youtube channel where he educates many people about medicine and medical procedures.

He also enjoys seeing people recognize the content on his website. "So even some clicks of likes make me happy. The more likes I get, then I know people really like it."



About the author: Bruce Cheng

I am an eighth grader and I currently go to Explorer Middle School. My hobbies are running outside, doing robotics, and hanging out with friends. I am thinking of becoming a doctor in the future.

